## Up to \$3,000 for your healthycommunity project!









## When three members of your team come to the <u>Try This conference</u>, you're eligible to apply for healthy-community funding!

In the past two years, Try This has awarded more than \$180,000 in grants of up to \$3,000 to 99 community teams from all over the state to create local projects ranging from community gardens to running and biking clubs to hiking trails and community classes on healthy cooking. This could be you!

## We're building a statewide network of community health leaders.

At the conference, you can trade ideas and brainstorm with like-minded people from all over the state. Forty workshops and tons of exhibits.

## Register for early-bird rates till Feb. 20!

- \* 40 breakout sessions on great things you can do in your community, presented by other West Virginians who are DOING it!
- \* a great opportunity to meet and trade ideas with other West Virginians you can keep in contact with during the rest of the year.
- \* Dozens of WV experts on projects you may want to do will be there, available for you to pick their brain and get advice, then stay in touch.
- \* It's just fun! Inbetween sessions, yoga, zumba, gaga pit, dancing, frisbee, you name it!



Wyoming County's Students Against
Destructive Decisions got a Try This
minigrant to add physical activities to their
community service program. They have
organized 5Ks, created a biking club, and
offered martial arts - and gone from less
than 50 to hundreds of members! They'll
be at the conference!







Lower early-bird rates till February 20!

Sign up now!